

God's Answer To Stress

APRIL 22, 2009

Pastor Bill Langley

What's Wrong With Worry?

Worry is:

- _____
- _____
- _____
- _____

The solution to worry is simple: _____.

*"Because the Lord is my shepherd; I have everything I need."
(Psalm 23:1 LB)*

What does a shepherd do?

A shepherd _____.
A shepherd _____.
A shepherd _____.
A shepherd _____.

"God takes care of his people like a shepherd." (Isaiah 40:11 NCV)

"My God will meet all your needs according to his glorious riches in Christ Jesus." (Philippians 4:19)

The worst thing I can ever do is _____.

"The righteous will live by faith." (Romans 1:17)

"According to your faith it will be done to you." (Matthew 9:29)

"Whoever believes in Him is not condemned, but whoever does not believe stands condemned already because he has not believed in the name of God's one and only Son." (John 3:18)

*"This is the victory that has overcome the world, even our faith."
(1 John 5:4)*

"And without faith it is impossible to please God, because anyone who comes to Him must believe that He exists and that he rewards those who earnestly seek Him." (Hebrews 11:6)

God's Answer To Stress

APRIL 22, 2009

Pastor Bill Langley

What's Wrong With Worry?

Worry is:

- _____
- _____
- _____
- _____

The solution to worry is simple: _____.

*"Because the Lord is my shepherd; I have everything I need."
(Psalm 23:1 LB)*

What does a shepherd do?

A shepherd _____.
A shepherd _____.
A shepherd _____.
A shepherd _____.

"God takes care of his people like a shepherd." (Isaiah 40:11 NCV)

"My God will meet all your needs according to his glorious riches in Christ Jesus." (Philippians 4:19)

The worst thing I can ever do is _____.

"The righteous will live by faith." (Romans 1:17)

"According to your faith it will be done to you." (Matthew 9:29)

"Whoever believes in Him is not condemned, but whoever does not believe stands condemned already because he has not believed in the name of God's one and only Son." (John 3:18)

*"This is the victory that has overcome the world, even our faith."
(1 John 5:4)*

"And without faith it is impossible to please God, because anyone who comes to Him must believe that He exists and that he rewards those who earnestly seek Him." (Hebrews 11:6)

HOW CAN I MAKE SURE GOD IS MY SHEPHERD?

1. _____ .

“The Lord is my shepherd.” (Psalm 23:1)

“That if you confess with your mouth, ‘Jesus is Lord’ ... you will be saved. Everyone who calls on the name of the Lord will be saved.” (Rom. 10:9,13)

*“My sheep listen to my voice; I know them, and they follow me.”
(John 10:27)*

Worry is only the symptom of a much bigger problem. The real problem is _____ .

2. _____ .

*“Don’t worry about anything; instead pray about everything; tell God your needs... If you do this you will experience God’s peace, which is far more wonderful than the human mind can understand.”
(Philippians 4:6-7 LB)*

*“Cast all your anxiety on Him because He cares for you.”
(1 Peter 5:7)*

3. _____ .

“So don’t be anxious about tomorrow, God will take care of your tomorrow too. Live one day at a time.” (Matthew 6:34)

“Give us today our daily bread.” (Matthew 6:11)

“Your heavenly Father already knows perfectly well what you need, and He will give it to you if you give Him first place in your life and live as He wants you to.” (Matthew 6:32-33 LB)

Unless otherwise noted, all scripture references are taken from the
New International Version of the Bible.

HOW CAN I MAKE SURE GOD IS MY SHEPHERD?

1. _____ .

“The Lord is my shepherd.” (Psalm 23:1)

“That if you confess with your mouth, ‘Jesus is Lord’ ... you will be saved. Everyone who calls on the name of the Lord will be saved.” (Rom. 10:9,13)

*“My sheep listen to my voice; I know them, and they follow me.”
(John 10:27)*

Worry is only the symptom of a much bigger problem. The real problem is _____ .

2. _____ .

*“Don’t worry about anything; instead pray about everything; tell God your needs... If you do this you will experience God’s peace, which is far more wonderful than the human mind can understand.”
(Philippians 4:6-7 LB)*

*“Cast all your anxiety on Him because He cares for you.”
(1 Peter 5:7)*

3. _____ .

“So don’t be anxious about tomorrow, God will take care of your tomorrow too. Live one day at a time.” (Matthew 6:34)

“Give us today our daily bread.” (Matthew 6:11)

“Your heavenly Father already knows perfectly well what you need, and He will give it to you if you give Him first place in your life and live as He wants you to.” (Matthew 6:32-33 LB)

Unless otherwise noted, all scripture references are taken from the
New International Version of the Bible.